

Dear Silver Lake Families,

Our hearts are with you as the impact of COVID-19 sets in. COVID-19 is on everyone's mind. We are hearing from some of you about the losses you are experiencing and we are reminded of just how critical it is to support one another and strengthen our community during these uncertain times.

In the state of emergency, it is hard to know what the future holds. At Silver Lake we are continuing on as planned with summer programming, while at the same time keeping our eyes wide open to any alternate plans that need to be formed.

Given this uncertainty, **the deadline for full payment of summer camp fees is extended to June 1. All March 31 pending payments will be delayed until June 1st.** Should any camp be cancelled, please be assured that Silver Lake will provide refunds to families who need them.

For now, camp is not being cancelled and so we ask that families hold off on requesting refunds until after the decision dates for that (June 1 for the first 4 weeks of camp and July 1 for weeks 5-8 of camp). In the event that camp is cancelled we ask families to consider converting all or a portion of camp registrations into donations to help off-set ongoing camp costs.

We also wanted to let you know about Silver Lake's response to COVID-19. Please go to the "news" section of the slmc.ca website to find "COVID 19 Updates" to find that information. It will be updated weekly.

In order to ensure a safe experience for everyone at Silver Lake we are monitoring this issue carefully and will continue to do so. We have consulted with our local Public Health unit, Grey-Bruce Public Health, and are working with the Ontario Camps Association to ensure we are following all applicable guidelines. We will continue to look to both the experts in Public Health and the Ontario Camps Association guidance for the most up to date information.

Please note that due to COVID-19 the Silver Lake office is closed to the public, all face-to-face meetings are cancelled, and all events are cancelled through to May 10th. Check the "COVID-19 Updates" news on the Silver Lake website for any further cancellations/ postponements.

Our well-established health-specific protocols are in place to protect campers, staff and all who come to Silver Lake. Check the COVID-19 Updates page for more information on those protocols. Health-specific protocols (including any changes and updates) will be communicated to you before any arrival at camp.

It is a challenging time for camp and donations are still being gratefully accepted. It is at times like this that we have a wonderful opportunity to show practical support in response to crisis. I am encouraged with each story of generosity and kindness shown during these difficult days. Generosity really does change everything! May we continue to support one another and stay safe.

Check out the resource links below. While they are not endorsed by Silver Lake, they may be helpful to you and your family at this time.

Please feel free to reach out if you have any questions, by email at karen@slmc.ca or by phone at 519-422-1401. We want to hear from you! Please understand that the volume of calls and emails now is higher than usual and we will connect back as soon as we can if you don't get through.

May we all find a healing gift in the midst of uncertainty. We're all in this together.

Peace be with you all and may you be well.

Karen Cornies
Executive Director

Resources:

Emotional Wellbeing in Children and Families

www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic

[10 Nature Activities to Help Get Your Family Through the Coronavirus Pandemic](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html

www.camh.ca/en/health-info/mental-health-and-covid-19

Spiritual Resources

cac.org/category/daily-meditations/

www.levelgroundchurch.com/covid-19-resources/

hds.harvard.edu/life-at-hds/religious-and-spiritual-life/spiritual-resources-during-covid-19-pandemic

www.churchofengland.org/more/media-centre/coronavirus-covid-19-liturg-y-and-prayer-resources

General Ideas:

www.latimes.com/lifestyle/story-gallery/2020/coronavirus-pandemic-resources-ideas-and-more-for-parents-and-children

Commonsensemedia.org/resources-for-families-during-the-coronavirus-pandemic

Learning:

General:

<https://www.khanacademy.org/>

<https://ca.ixl.com/>

<https://outschool.com/>

<https://learnathome.withyoutube.com/>

<https://www.youtube.com/channel/UCtFRv9O2AHqOZjjynzrv-xg>

Music: <https://teachers.wrdsb.ca/vanderburgh/>

Math: <https://www.prodigygame.com/>

Math and English: <https://ca.ixl.com/math/>

Physical Activity:

www.actionforhealthykids.org/resources-for-schools-and-families-during-covid-19-coronavirus/

www.acsm.org/read-research/newsroom/news-releases/news-detail/2020/03/16/staying-physically-active-during-covid-19-pandemic